



GUNVATI JAGAN NATH  
KAPOOR FOUNDATION

# ANNUAL REPORT

Registered as

Gunvati J. Kapoor Medical  
Relief Charitable Foundation



2021-2022

[WWW.GJKAPOOR.ORG](http://WWW.GJKAPOOR.ORG)



# From the Trustee's Desk

*Dear Friends,*

*The year started with renewed energy, hope and strength. The outbreak of the COVID-19 pandemic, led to a lot of new in-depth realizations and insights which shaped the course of our journey this year. The organizations values, the innate fortitude and laser focus on its goal helped us bounce back and overcome the ground challenges faster while serving and guiding our beneficiaries. The community intervention team tackled the new ground reality with strength and made way to make stronger bonds with the community through grit and humility. Our patient guidance team were able to provide a helping hand to the most vulnerable and seeing to it that the psychosocial aspect of the care was provided more thoroughly to patients despite of the massive influx. The transition from, the work from home model to back to ground model was challenging but we adopted the flexible hybrid model which is the need of the hour and future. We continued to leverage our digital sessions to help beneficiaries across the nation.*

*The middle of the year saw a great loss for our organization, our strongest supporter, motivator, and Chairman Trustee Mr. Vinod Kapoor left this world. The sorrow of losing him was immense and overwhelming, but he always had a motto, "Continue Helping, Continue Serving" with the best of your abilities and we took his Motto as our strength and his vision as our tool to move further.*

*New initiative identified were devised and executed by beginning work on important topic of mental wellness for young cancer patients and replicating our guidance model of patient centric cancer care in the rapidly expanding cancer hospital in Kharghar. Our mission this year was joined by several similar minded donors and contributors who helped us not only with providing ration, emergency funds, nutrition kits, accommodation funds but also with their expertise and time. We are highly grateful to each and every one of our funders, donors, experts, social organization partners, corporates, volunteers, team and staff, and mentors who have made us all stronger and helped us serve with compassion, gratitude and integrity. As we move forward to the new fiscal year we move with renewed energy and with the goal to achieve scaling up our programs with specific outcomes and touching the lives of more and more beneficiaries through understanding, humility and through continued support of all of you.*

*Thank you.*

*Sincerely,  
Management*

# HIGHLIGHTS

We continued to support programs in healthcare, education, social services, with a focus on women and children. The Foundation is committed towards its mission to improve and sustain the standard of living and quality of life of all people. The teams came back into their selves by beginning to go to the field. It was a slow start, but certainly not a weak one.

1

## LIVES TOUCHED

3,74,899

lives touched through initiatives over the years

2

## EVENTS

*Second Annual Testicular meet was organised in association with Tata Memorial Hospital. The purpose of the meeting was to create a platform for the survivors to motivate, build confidence and overcome challenges by sharing their experiences to cope with post treatment journey.*

*Digital event was organized on "International Women's Day" in association with Tata Memorial Hospital and Women's Cancer Initiative (WCI) to celebrate the theme of 'Break the Bias, Gender Equality for a Sustainable Tomorrow'*

*Virtual Breast Cancer Awareness Program was organised to empower and engage the breast cancer patients in collaboration with Tata Memorial Hospital and Women's Cancer Initiative (WCI)*

*5th Lung Cancer Consortium was held after 2 years, to share, and acknowledge the achievements of the year. GJK's dignitaries, along with other professionals from the field had a panel discussion to discuss different aspects to improve the overall patient experience while undertaking treatment of lung cancer. GJKs team actively participated in the exchange of knowledge activities and provided logistic support to the organizing committee*

3

## CONTRIBUTIONS THIS YEAR

*We have been blessed to have the support of good Samaritans this year who helped us help the needy with ration, emergency funding, accommodation and many other initiatives.*

*250 paediatric cancer patients were provided with education material during the tough time of them undergoing cancer treatment*

4

## NEW INITIATIVES

*We initiated the 'Patient Guidance Program' with Advanced Centre for Treatment, Research and Education in Cancer (ACTREC) Kharghar this year. The 9 core services of the program have been extended to the needy cancer patients of the hospital with an intention to increase the sustainability of treatment in patients and lower the possible abandonment rate.*

*Initiative for Young Adults with Mental Illness (YAMI): With an intent to empower young adult cancer patients, reduce their distress and improve their overall psychological well being we started peer support sessions with adults and young adolescents (AYA) cancer patients from the age group of 15-39.*

# KEY PROGRAMS

01

## PATIENT GUIDANCE PROGRAM



*Helps cancer patients access the resources they need while undergoing treatment with the aim of increasing survivorship by decreasing treatment abandonment rates*

02

## MAATRUTVA



*Educates pregnant women from underserved communities about health care during pregnancy thereby encouraging them to inculcate health seeking behaviour in them for safe deliveries*

03

## Cancer Prevention and Early Detection Program



*Helps women make informed choices about their health by encouraging Breast, Cervical and oral cancer prevention and it's early detection in women*

04

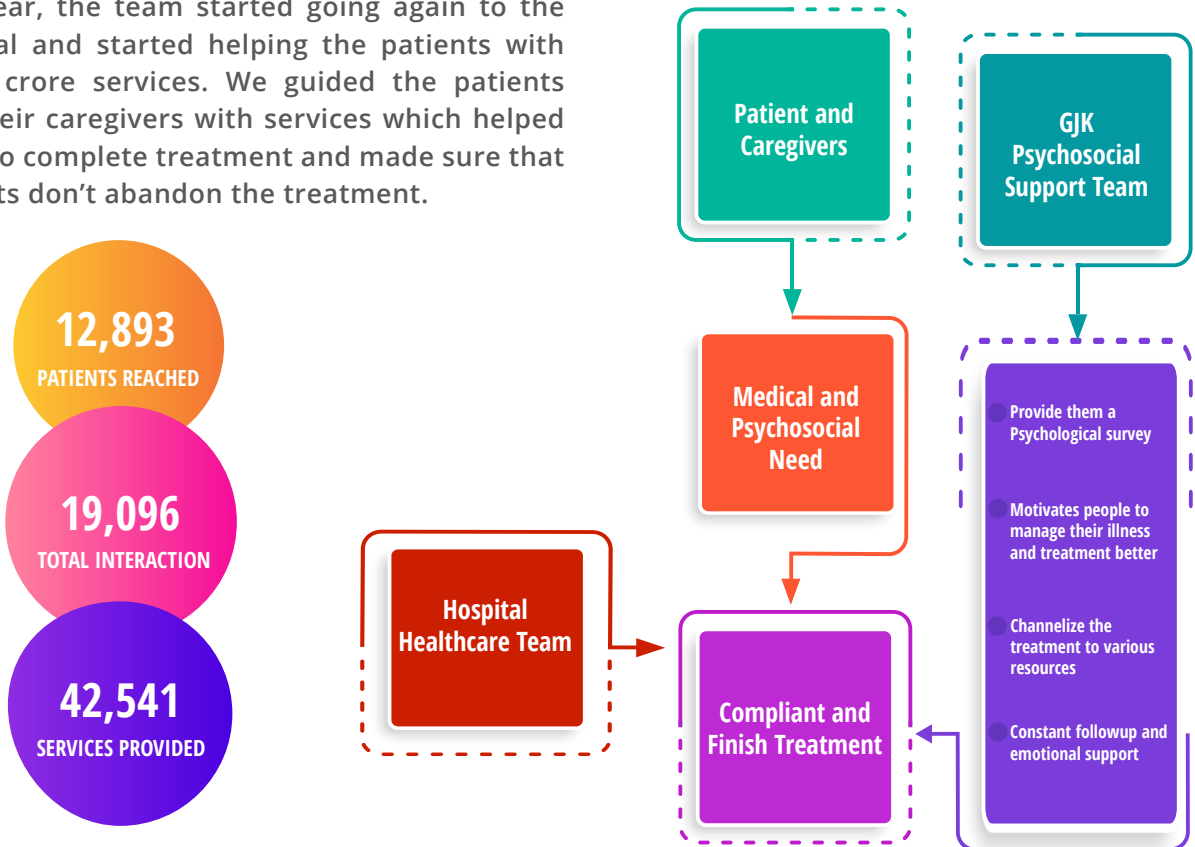
# PATIENT GUIDANCE PROGRAM

## PATIENT GUIDANCE PROGRAM

### Educating and Empowering Cancer Patients

The Foundation’s Patient Guidance Coordinators provide patients with critical services so they can access the resources they need while undergoing treatment. Our goal is to increase patient survivorship by decreasing treatment abandonment rates.

This year, the team started going again to the hospital and started helping the patients with our 9 crore services. We guided the patients and their caregivers with services which helped them to complete treatment and made sure that patients don’t abandon the treatment.



### HIGHLIGHTS

**63%** patients sustained treatment due to timely intervention provided

**67%** patients helped received financial support to sustain treatment

**192** patients and caregivers were helped with ration

**196** patients were assisted with accommodation at Dr. Borges accommodation centre



ONLINE SESSIONS FOR PATIENTS & CAREGIVERS

Sessions **40**

Experts **16**

Participants **3324**



SAVE A LIFE INITIATIVE

**4314**

Voluntary Donations were made possible

**97.48%**

Donations were voluntary

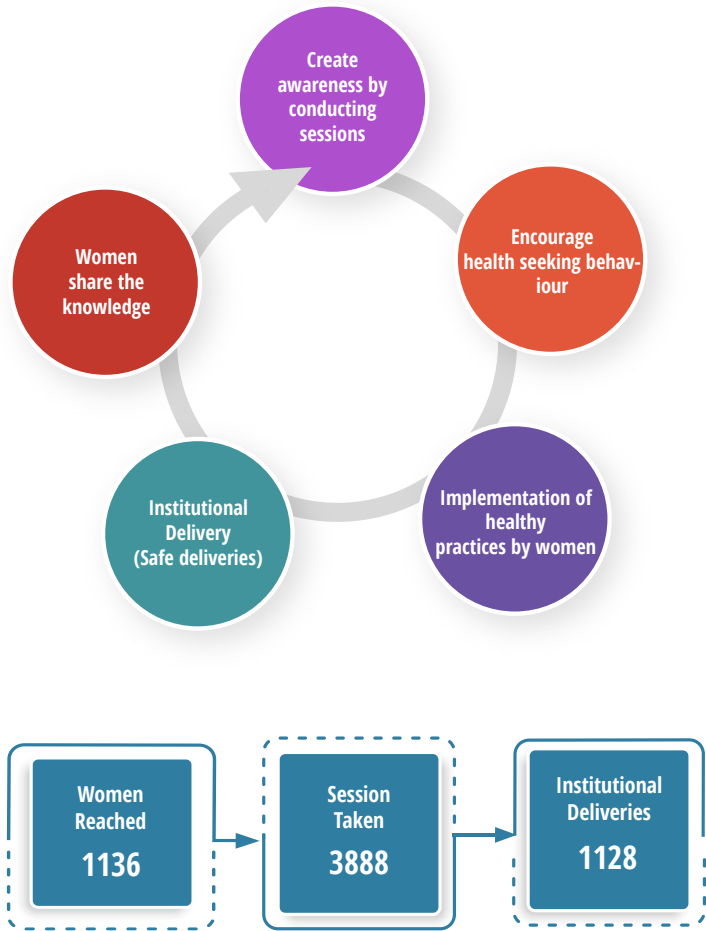
# MAATRUTVA

## COMMUNITY HEALTH EMPOWERMENT


### Better Health of Pregnant Women

The program aims to educate pregnant women from low socio-economic backgrounds about health care during pregnancy and thus encouraging health-seeking behaviour in them for safe deliveries. Special efforts are made by our coordinators to encourage women to register themselves in the hospital within their first trimester.

The pandemic forced us to take the session with women remotely. This year, the team decided to go back in the community after assessing the situation on field. The women in need of one-to-one guidance and home visits were provided by the same. The team also identified champions from within the community who help us connect with the community better.



 **2%**  
Increase in the first trimester registration of pregnant women

 **30%**  
Increase in follow-ups with women

 **26717**  
Medical tests were followed up with registered women

 **8514**  
Ante-natal care visits were encouraged through the program

 **32%**  
Increase women taking timely medical tests and T.T shots

 **693**  
Tetanus toxoid shots were facilitated by the coordinators

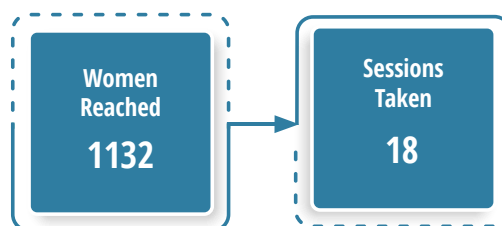
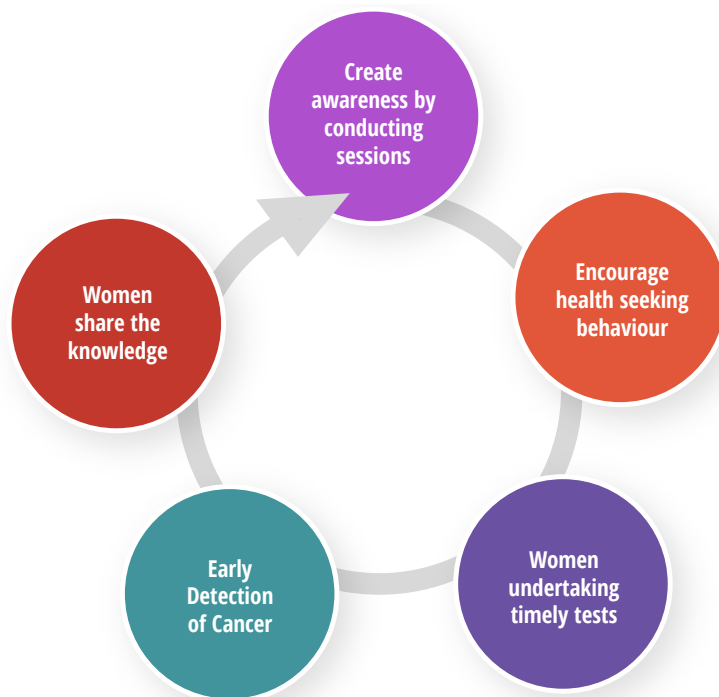
# Cancer Prevention and Early Detection

## COMMUNITY HEALTH EMPOWERMENT

### Informed health choices to women

The program aims to spread cancer awareness and educate women from underserved areas about the importance of early detection of most common cancers in women like breast cancer, cervical cancer and oral cancer. The awareness sessions not only help women gain knowledge about the common cancers in women but also motivate and empower them to make informed choices about their health.

Owing to the pandemic, we were unable to conduct physical sessions for more than a year. The team decided to reinstate the sessions from this year.



# FINANCIALS

Gunvati J. Kapoor Medical Relief Charitable Foundation  
is registered under FCRA Act 2010

## FINANCIAL INFORMATION FOR THE YEAR ENDED 31ST MARCH 2022

PARTICULARS	VALUE RUPEES, IN LAKHS (AS ON 31ST MARCH 2022)
<strong>INCOME</strong>	
By Interest On Saving Bank Account, Fixed Deposits & IT Refund	5.63
By Donations in Cash or Kind	22.65
By Deficit Carried Over To Balance Sheet	124.83
<strong>TOTAL INCOME</strong>	<strong>153.12</strong>
<strong>EXPENDITURE</strong>	
To Establishment Expenses	28.39
To Auditor Remuneration	0.71
To Depreciation	9.82
To Deficit Of Sold On Fixed Assets	0.80
To Expenditure On Objects Of The Trust	
(a) Educational	0.25
(b) Medical Relief	113.15
<strong>TOTAL EXPENDITURE</strong>	<strong>153.12</strong>



# FINANCIALS

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## FINANCIAL INFORMATION AS ON 31ST MARCH 2022

PARTICULARS	VALUE RUPEES, IN LAKHS (AS ON 31ST MARCH 2022)	
<strong>SOURCES OF FUNDS</strong>		
Corpus Funds		
Corpus Fund Of The Trust		0.27
Other Earmarked Funds		
General Reserve Fund	12.64	
Immovable/Movable Property Fund	<u>218.68</u>	231.32
Liabilities		
For Expenses		2.19
Income And Expenditure Account		
Balance As Per Last Balance Sheet	239.04	
Less : Deficit for the year	<u>-124.83</u>	114.21
<strong>TOTAL SOURCES OF FUNDS</strong>		<strong>347.99</strong>
<strong>APPLICATION OF FUNDS</strong>		
Fixed Assets		276.82
Investment		
Fixed Deposits In Bank		30.35
Current Assets		
Loan And Advances		1.61
Receivable		1.16
Cash and Bank Balances		38.06
<strong>TOTAL APPLICATION OF FUNDS</strong>		<strong>347.99</strong>

# SUPPORT US

With your support, we can continue to make a difference.  
There are many ways in which you can help us help others.

## OPPORTUNITIES FOR FUNDING\*

RS. 2200

for monthly low-cost  
Accommodation funding  
for a cancer patient

RS. 5000

Financial Aid for  
emergency fund

RS. 1000

for monthly nutrition kit  
to one pregnant woman  
from the community

RS. 1000

for monthly ration of  
one cancer patient

RS. 67,000

Cancer Detection Camp  
for 100 women



### YOU CAN DONATE VIA QR CODE, CHEQUE OR NEFT

Phone: +91-22-2493 6981

E-mail: [contact@gjkapoor.org](mailto:contact@gjkapoor.org)

**100%**

OF YOUR DONATION GOES TO THE CAUSE

### CHEQUE/NEFT IN FAVOUR OF GUNVATI J. KAPOOR MEDICAL RELIEF CHARITABLE FOUNDATION

Account Number : **04060100019649**

IFSC Code : **BARBOWRLIX**  
(fifth character is number zero)

Donation via QR Code : <https://gjkapoor.org/donate>

**\*All donations made are eligible for tax exemption under Section 80G of the Income Tax Act, 1961. Cheques supporting our work should be drawn in favour of Gunvati J Kapoor Medical Relief Charitable Foundation, 7A, Barodawala Mansion, 81, Dr. Annie Besant Road, Worli, Mumbai 400018**



GUNVATI JAGAN NATH  
KAPOOR FOUNDATION

## Now Contact us



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