

GUNVATI JAGAN NATH Kapoor Foundation

ANNUAL REPORT 2019 - 2020

> Registered as Gunvati J. Kapoor Medical Relief Charitable Foundation

VISION

Strengthening opportunities and improving the overall quality of life of communities

MISSION

The Gunvati Jagan Nath Kapoor Foundation supports programs in education, healthcare and social services with the intent to improve and sustain the standard of living and quality of life of all people with a focus on women and children.

From the Director's Desk

Dear Friends,

2019-2020 was a year infused with energy and passion for Gunvati Jagan Nath Kapoor Foundation (GJK), and as I celebrate my third year with GJK, I reflect back in time to see my first few weeks in the organization where my interaction with the team brought me to the realization, that GJK's uniqueness lies in its dedicated team. The team's relentless pursuit to serve the community through core values of gratitude, understanding and nurturing is what makes GJK special and successful in its vision. I can say with great pride,



that this year GJK's Team, has helped more than 15000 beneficiaries to improve their quality of life and empower them.

This has also been a year of change, new learnings and opportunities especially in our community intervention vertical. We were able to challenge ourselves and change our approach in the community. We created champions, encouraged women to be proactive, which helped our health interventions to evolve and go from strength to strength. Our Patience Guidance Program operational in Mumbai and Amritsar, has been highly successful in filling the gap in the healthcare system and providing better health care access to cancer patients by psychosocial support and hand holding. Phenomenal growth of voluntary platelet donations from healthy individuals has been heart-warming for our Save a Life initiative. Our educational vertical, saw young talented minds work on various projects of community mapping, guiding and navigating patients and analyzing data. It brought in fresh learnings, new ideas, new perceptions and infused new energy into our own teams.

Research and using data to improve the lives of people, is an integral part of our organization. This year, we were able to validate our work and present our research in form of posters at three different conferences, where we received accolades and prizes. Further, the organization is a co-author on the research paper published in journal of Clinical Oncology.

Overall, the year has been enriching and in synch with our mission. My deepest gratitude to our donors, our collaborators, our Save A Life partners, our NGO partners and other stakeholders who have contributed to the success of our vision. My heartfelt thanks to our beneficiaries who have shown an unwavering trust in us and allowed us to empower them. Last but not the least, my esteemed Trustees and GJK's Team who don't give up till they bring a smile to the people they serve. Thank you all for being the backbone of our success and for faithfully journeying with us through our trials and triumphs.

Friends, I see the organization at the pinnacle of change, with us creating long lasting impact on the lives of the communities we work with. I urge you all to come join us in this journey and together we will endeavor to bring more smiles on people's faces!!!



KEY PROGRAMS

PATIENT GUIDANCE PROGRAM



PATIENT GUIDANCE PROGRAM

Helps cancer patients access the resources they need while undergoing treatment with the aim of increasing survivorship by decreasing treatment abandonment rates

COMMUNITY HEALTH EMPOWERMENT



MAATRUTVA

Educates pregnant women from underserved communities about health care during pregnancy thereby encouraging them to inculcate health seeking behaviour in them for safe deliveries



CANCER PREVENTION AND EARLY DETECTION PROGRAM

Helps women make informed choices about their health by encouraging Breast, Cervical and oral cancer prevention and it's early detection in women

EDUCATION ASSISTANCE



GUNVATI JAGAN NATH KAPOOR MERIT CUM MEANS SCHOLARSHIP

Builds and nurtures social responsibility in students of Institute of Chemical Technology (ICT) by enabling them to volunteer for community work with NGOs



YOUTH LEADERS AS CHANGEMAKERS SCHOLARSHIP

Identifies and enhances the skills of needy students of G.N. Khalsa College by giving them hands on experience of working in a live project setting

ABOUT US

A YEAR OF ACHEIVEMENT

We continued to support programs in healthcare, education, social services, with a focus on women and children.

These efforts were steered by our vision to strengthen opportunities and improve the overall quality of life of communities. This year, we were able to impact more lives and make a bigger difference with compassion for those we serve underpinning our every effort.

LIVES TOUCHED:

15,869 lives touched through different programs this year

POSTER PRESENTATIONS

The Foundation presented its findings on 'Improving treatment Compliance by Providing Psychosocial Support to Patients Diagnosed with Urology Cancers Specifically Germ Cell Tumour'

The Foundation presented its study on 'Improving Treatment Compliance by Providing Psychosocial Support with Special Emphasis on Weight Maintenance for patients Diagnosed with Head and Neck Cancers'

We presented a poster with the Tata Memorial Hospital on 'Impact of a Dedicated AYA Clinic on Chemotherapy Completion in Germ Cell Tumors in young males - Report from a Tertiary Care Centre'

PAPERS PRESENTED

The Foundation in association with the Tata Memorial Hospital released paper on 'Gefitinib Versus Gefitinib Plus Pemetrexed and Carboplatin Chemotherapy in EGFR-Mutated Lung Cancer' in the 'Journal of Clinical Oncology'

RECOGNITION FROM TATA MEMORIAL CENTRE - MUMBAI

The Foundation was amongst the few recognised by the Tata Memorial Centre for our continuous support towards the cause of Cancer.

RECOGNITION FROM G.N. KHALSA COLLEGE - MUMBAI

Our program 'GJK Young Achievers Scholarship' has been allocated with two non-academic credits from G.N. Khalsa College, Mumbai.

PLATFORM FOR GERM CELL TUMOUR PATIENTS

The Foundation initiated the very first meet in India for Survivors of Testicular Cancer. The shared experience platform focussed to motivate, build confidence and help survivors cope with post treatment journey.

PATIENT GUIDANCE PROGRAM

PATIENT GUIDANCE PROGRAM

Educating and Empowering Cancer Patients

The Foundation's Patient Guidance Coordinators provide patients with critical services so they can access the resources they need while undergoing treatment. Our goal is to increase patient survivorship by decreasing treatment abandonment rates.



COMMUNITY HEALTH EMPOWERMENT

MAATRUTVA

Better Health of Pregnant Women

The program aims to educate pregnant women from low socio-economic backgrounds about health care during pregnancy and thus encouraging health-seeking behaviour in them for safe deliveries.

Special efforts are made by our coordinators to encourage women to register themselves in the Hospital within their first trimester.



11%

increase in the number of pregnant women reached through the intervention

29%

women registered in their first trimester which benefits maternal and child health

55%

women registered in the hospital in their first trimester due to the intervention

2340 ante-natal care visits were encouraged through the program

252 tetanus toxoid shot were facilitated by the coordinators

4345

medical tests were undertaken by women due to our intervention

REGISTRATIONS OVER THE YEARS

COMMUNITY HEALTH EMPOWERMENT

CANCER PREVENTION & EARLY DETECTION PROGRAM

Encourage Health Seeking Behaviour in Women

The program aims to spread cancer awareness and educate women from underserved areas importance of early detection of most common cancers in women like Breast Cancer, Cervical Cancer and Oral Cancer. The awareness talks not only help women gain more knowledge about the common cancers in women but also motivate and empower them to make informed choices about their health.

The talks are followed by 'Cancer Detection Camp' where registered women undergo specific tests to detect the common cancers in women.

> The awareness talk I attended has been very beneficial to me. The camp conducted further opened my eyes towards importance of timely testing. Such initiatives should be encouraged to win our fight from Cancer.

Preeti Mehta, Participant from the camp awareness talks were conducted with

03 cancer detection camps were organised in association with 'Indian Cancer Society' which tested

294_{women}

876 diagnostic test were conducted

W women were assisted with further interventions after initial diagnosis at the camps **EDUCATION ASSISTANCE**

GJK YOUNG ACHIEVERS SCHOLARSHIP

Encouraging Young Minds

The Scholarship is directed towards providing students with an opportunity to enhance their existing skills and become ready for the professional world. The selected candidates undertake various tasks with a Not for Profit organization which also helps them build their social sensibility and consciousness. This year

students completed the scholarship successfully

225

scholarships have been provided to encourage young minds till date

GJK MERIT CUM MEANS SCHOLARSHIP

Building Social Sensibility

The Foundation established a scholarship program for students from the 'Institute of Chemical Technology', Mumbai. This unique Merit Cum Means Scholarship has been conceptualized to also build and nurture social responsibility in students.

The students volunteer 80 hours per year of their time (alongside their academics) for community service.

This helps students to become socially sensitive and conscious citizens.

This year **33**

students were selected for the scholarship

308 scholarships have been provided to needy students till now

FINANCIALS

Gunvati J. Kapoor Medical Relief Charitable Foundation is registered under FCRA Act 2010

FINANCIAL INFORMATION FOR THE YEAR ENDED 31st MARCH 2020

PARTICULARS	VALUE RUPEES, IN LAKHS (31 st MARCH 2020)
INCOME	
By Interest On Saving Bank Account and Fixed Deposits & IT refund	7.68
By Donations in Cash or Kind	244.15
By Surplus on Sold Of Fixed Assets	0.03
TOTAL INCOME	251.85

EXPENDITURE

To Establishment Expenses	45.79
To Auditor Remuneration	0.68
To Fixed Assets Written Off	0.73
To Depreciation	8.62
To Expenditure on Objects of the Trust	
(a) Educational	30.93
(b) Medical Relief	111.95
(c) Community Program	24.24
To Surplus	28.90
TOTAL EXPENDITURE	251.85

FINANCIAL INFORMATION AS ON 31st MARCH 2020

PARTICULARS	VALUE F (AS ON 3	RUPEES, IN LAKHS 31 st MARCH 2020)
SOURCES OF FUNDS		
Corpus Funds Corpus Fund of the Trust		0.27
Other Earmarked Funds General Reserve Fund		12.64
Liabilities For Expenses		3.53
Income And Expenditure Account Balance as per Last Balance Sheet Add: Transferred from General Reserve Fund Add: Surplus	145.53 9.00 28.90	183.44
TOTAL SOURCES OF FUNDS		199.88
APPLICATION OF FUNDS		
Fixed Assets		63.22
Investment Fixed Deposits in Bank		117.31
Current Assets Loan and Advances Receivable Cash and Bank Balances		3.11 3.34 12.90
TOTAL APPLICATION OF FUNDS		199.88

SUPPORT US

With your support, we can continue to make a difference. There are many ways in which you can help us help others. 100% of your donation goes to the cause

OPPORTUNITIES FOR FUNDING*

Rs 9000

for monthly low cost accommodation funding for a cancer patient rs **50,000**

Financial Aid for emergency fund

rs **67,000**

Cancer Detection Camp for 100 women

Rs 2,40,000

Stoma bags for 120 patients

Rs 1,500 for monthly ration of one cancer patient

Rs **3,000**

for Infection Control Kits for 10 Cancer patients

YOU CAN ALSO DONATE VIA CHEQUE OR NEFT P: +91-22-2493 6981 / 2493 9214 E: contact@gjkapoor.org

CHEQUE/NEFT IN FAVOUR OF GUNVATI J. KAPOOR MEDICAL RELIEF CHARITABLE FOUNDATION

Account Number :	04060100019649
IFSC Code :	BARBOWORLIX (fifth character is number zero)

*All donations made are eligible for tax exemption under Section 80G of the Income Tax Act, 1961. Cheques supporting our work should be drawn in favour of Gunvati J Kapoor Medical Relief Charitable Foundation, 7A, Barodawala Mansion, 81, Dr. Annie Besant Road, Worli, Mumbai 400018

Gunvati Jagan Nath Kapoor Foundation

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Photographs by Shanth Kumar and Nivedita Mishra