



GUNVATI JAGAN NATH
KAPOOR FOUNDATION

ANNUAL REPORT
2016 - 2017





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ABOUT US

OUR MISSION

The Gunvati Jagan Nath Kapoor Foundation supports programs in education, healthcare and social services with the intent to improve and sustain the standard of living and quality of life of all people with a focus on women and children.

OUR WORK



PATIENT GUIDANCE PROGRAM

Helps cancer patients access the resources they need while undergoing treatment with the aim of increasing treatment compliance and decreasing abandonment rates



CANCER PREVENTION & EARLY DETECTION PROGRAM

Encourages breast, cervical and oral cancer prevention and early detection for women in underserved communities



NOURISHMENT PROGRAM

Provides pregnant mothers in underserved communities with nutrition education



EDUCATION ENRICHMENT PROGRAM

Provides supplemental educational opportunities for underserved children



SCHOLARSHIP PROGRAM

Builds and nurtures social responsibility in students by enabling them to volunteer for community work with NGOs



FELLOWSHIP PROGRAM

Equips college students with knowledge and skills for research and participatory action so they can become change-makers in their community

PATIENT GUIDANCE PROGRAM

The Patient Guidance Program has been implemented at Tata Memorial Hospital, Mumbai; Shri Guru Ram Das Institute of Medical Sciences and Research, Amritsar; Homi Bhabha Cancer Centre, Sangrur; Bhaktshreshtha Kamalakarant Laxman Walawalkar Hospital, Dervan and Postgraduate Institute of Medical Education and Research, Chandigarh.

The Patient Guidance Program helps cancer patients access the resources they need while undergoing treatment.

NO. OF PATIENTS REACHED THROUGH PATIENT GUIDANCE PROGRAM

Name of the hospital	No. of patients who returned for assistance	No. of new patients served	Total no. of patient interactions
Tata Memorial Hospital, Mumbai	11,216	10,404	21,620
SGRD Hospital, Amritsar	1721	1587	3,308
Homi Bhabha Cancer Center, Sangrur	1257	1286	2,543
BKL Walawalkar Hospital, Dervan	3045	466	3,511
PGIMER, Chandigarh	2530	1315	3,845
Total	19,769	15,058	34,827

The Foundation's Patient Guidance Counselors help patients in the following areas:

DOCUMENTATION ASSISTANCE

- Ensuring patients have the proper identification and documentation required to apply for financial aid
- Assisting patients to fill out forms for government/private grant applications so they can begin treatment



FINANCIAL GUIDANCE & REIMBURSEMENT

- Referring patients to organizations that offer treatment funding for patients
- Facilitating reimbursement for treatment-related costs through Jeet Association for Support to Cancer Patients (JASCAP)



ACCOMMODATION GUIDANCE & REIMBURSEMENT

- Referring patients to organizations that provide patient housing
- Facilitating reimbursement for patient housing during treatment



“ This year, our Patient Guidance Program reached over **15,000** new patients. ”

DIRECTING PATIENTS TO HOSPITAL-RELATED RESOURCES

Providing directions to various hospital departments and access to food and clothing donated to the hospital



EMOTIONAL SUPPORT

Conducting individual and group support sessions for patients and caregivers

CANCER EDUCATION

Providing individual and group education to patients and caregivers regarding:

- Basic Information on Cancer
- Treatment Procedure and Plan
- Chemotherapy
- Radiation
- Infection Control
- Diet



“ We have had **34,827** interactions with patients this year. ”

SAVE A LIFE – BECOME A PLATELET DONOR

While cancer patients undergo treatment, a major side effect is low platelet count. There is no man-made way to make platelets. Cancer patients' need for platelets can only be met through platelet donations.

Without a platelet transfusion, many cancer patients face life-threatening complications. Some leukemia patients need more than 20 platelet transfusions over six months.

One donation can save at least two lives. We are working to create awareness about blood and platelet donation, encouraging volunteers to become platelet donors and save lives.

'Save A Life' is an initiative of Tata Memorial Centre (TMC), Gunvati Jagan Nath Kapoor Foundation and Improving Paediatric Cancer Care and Treatment Foundation (ImPaCCT) to propagate the importance of platelet donation.

For more information on this initiative, contact:
savealife@gjkapoor.org

This year, we were able to mobilize **2678** platelet donations.



ACCOMMODATION GUIDANCE & REIMBURSEMENT

75% of the 43,000 new patients who come to TMH, Mumbai, every year are from outside the city. Many have no place to stay and cannot afford to pay for accommodation. Cancer treatment can take months. Patients need a safe and clean place to stay during treatment.

We, at the Gunvati Jagan Nath Kapoor Foundation, are working to ensure cancer patients and their caregivers can find accommodation so they can begin and complete treatment.

Through our partnership with Dr. Ernest Borges Memorial Home and Indian Cancer Society, we have helped facilitate

13,823 days of accommodation for **326** patients.

“I had no money and no place to stay in Mumbai. I had lost the motivation to continue treatment. The Gunvati Jagan Nath Kapoor Foundation helped me when I needed it the most.”

*Krishna Shingare, Patient,
Bone & Soft Tissue Dept, TMH*



CANCER PREVENTION & EARLY DETECTION PROGRAM

The majority of cancer patients in India are diagnosed when treatments lose their effectiveness.

According to the National Cancer Control Program, 70% of patients are diagnosed when they are in stage III. Our Cancer Prevention & Early Detection Program for women in underserved communities is aimed at reducing that number, by creating awareness, enabling early detection, and providing access to effective treatment.

Our Cancer Detection Camps are held in collaboration with Indian Cancer Society (ICS). We screen women for Complete Blood Count (CBC), Ear Nose Throat test (ENT), Pap Smear, Breast Examination and Chest X-Ray. We also refer women for further investigation when needed.

“ I was not aware of the early signs and symptoms of breast cancer, until I attended the Gunvati Jagan Nath Kapoor’s Cancer Awareness Talk.”

*Anuradha Bokle,
Candidate from a talk - Dharavi*





41

Cancer Awareness Talks
were conducted last year



2401

Women
attended



20

Cancer Detection Camps
were conducted last year



1036

Women
were screened



NOURISHMENT PROGRAM

Our commitment to improving the quality of life of all people, especially women and children, underpins the Nourishment Program. Research indicates that a lack of awareness and education has a negative impact on the health of women in underserved communities.

Conducted in collaboration with the Central Government's Integrated Child Development Services Project, the Nourishment Program provides pregnant women living in the slums with nutrition education, so they are equipped for pre-and post-natal care.

NO. OF WOMEN REACHED THROUGH NOURISHMENT PROGRAM

Area	No. of women reached
Dharavi	321
Chembur	164
Total	485

“The sessions I attended proved very helpful as I was informed about nutrition and immunization during pregnancy.”

*Rakhi Joya,
Candidate from a talk - Chembur*







“My daughter came back from the learning session and helped me introduce healthy eating habits at home.”

Afsana, Mother

EDUCATION ENRICHMENT PROGRAM

Our Education Enrichment Program taps into the latent potential of underserved children by providing supplemental educational opportunities. Theme-based learning allows children to express their creativity and imagination.

Our Education Enrichment Program worked with the following NGOs and has reached 354 children.

We also reached 36 children from the local community of Amritsar.

Partners	No. of children helped
Ramakrishna Sarada Samiti, Mumbai	53
Children of the World, Navi Mumbai	105
Bethany Society, Panvel	30
Community Outreach Program, Thane	50
Ganesh Vidya Mandir, Dharavi	116
Total	354

SCHOLARSHIP PROGRAM

This unique scholarship program has been conceptualized to build and nurture social responsibility in students of the Institute of Chemical Technology, Mumbai. The students volunteer 80 hours per year of their time (alongside their academics) for community service and work with NGOs selected by the Foundation. This year 33 students were chosen.

“If I make a difference to a single person, I would consider my life worthy.”

*Datta Lahane,
Scholarship winner*

FELLOWSHIP PROGRAM

The Fellowship Program at Guru Nanak Khalsa College focuses on empowering students with knowledge and skills for research and participatory action so they can become change-makers in their communities. This year, the program conducted in partnership with Guru Nanak Khalsa College and PUKAR, Mumbai, saw 16 enthusiastic students participating.

Fellowship Program participants chose the following focus areas for research:

A) What are the problems faced by women while travelling by local trains in Mumbai?

The study found that 65% of 111 young women interviewed didn't feel safe travelling in local trains

B) Are Guru Nanak Khalsa College students aware about the existence and functioning of 'Sexual Harassment Committee' in their College?

The study found that 72% of the survey group was unaware about the presence of 'Sexual Harassment Committee' in their college

“ We have been privileged to have our students benefit intellectually and emotionally from the efforts of the Gunvati Jagan Nath Kapoor Foundation.”

*Kiran Mangaonkar,
Principal, Guru Nanak Khalsa college*



FINANCIALS

FINANCIAL INFORMATION AS ON 31ST MARCH 2017

PARTICULARS	VALUE RUPEES, IN LAKHS (AS ON 31ST MARCH 2017)
INCOME	
By Interest On Saving Bank Account and Fixed Deposits	4.38
By Donations in Cash or Kind	114.47
By Income From Other Sources	2.42
By Deficit	122.20
TOTAL INCOME	243.47
EXPENDITURE	
To Establishment Expenses	58.48
To Auditor Remuneration	1.36
To Depreciation	11.23
To Expenditure on Objects of the Trust	
(a) Educational	23.34
(b) Medical Relief	148.61
(c) Other Charitable Objects	0.46
TOTAL EXPENDITURE	243.47

**BALANCE SHEET
AS ON 31ST MARCH 2017**

PARTICULARS	VALUE RUPEES, IN LAKHS (AS ON 31ST MARCH 2017)	
SOURCES OF FUNDS		
Corpus Funds		
Corpus Fund of the Trust		0.27
Other Earmarked Funds		
General Reserve fund		21.65
Liabilities		
For expenses		1.88
Income And Expenditure Account		
Balance As Per Last Balance Sheet	210.85	
Less : Deficit	-122.20	88.65
TOTAL SOURCES OF FUNDS		112.44
APPLICATION OF FUNDS		
Fixed Assets		
		84.09
Current Assets		
Loan & Advances		2.03
Receivable		0.34
Cash and Bank Balances		25.99
TOTAL APPLICATION OF FUNDS		112.44

SUPPORT US

100% OF YOUR
DONATION GOES
TO THE CAUSE

With your support, we can continue to make a big difference.
There are many ways in which you can help us help others.



You can
volunteer



You can be a
platelet donor



Your organization can
offer internships for
cancer survivors



You can
donate

OPPORTUNITIES FOR FUNDING*

Rs **2,500**

Ration/Nutrition per
patient per month

Rs **6,000**

Cancer Awareness
Talk for 30 women

Rs **9,000**

Low-cost accommodation
per patient per month

Rs **10,000**

Diagnostic support
such as CT Scan and
MRI per patient

Rs **15,000**

Start treatment
per patient

Rs **45,000**

Complete health check-up
for 30 women, including
CBC, ENT, Pap smear,
breast examination by a
doctor and chest X-ray

**All donations made are eligible for tax exemption under Section 80G of the Income Tax Act, 1961.
Cheques supporting our work should be drawn in favour of Gunvati J Kapoor Medical Relief Charitable Foundation.*

CANCER PATIENTS NEED MORE THAN JUST TREATMENT

HELP US HELP THEM

Cancer treatment takes a heavy toll on patients. It's even harder on the poor. Tata Memorial Hospital (TMH), Mumbai, sees 43,000 new patients every year and nearly half cannot afford treatment. Even after patients access treatment, they struggle with additional needs such as housing, food, medical supplies and mobility aids.

As part of our Patient Guidance Program, we are committed to helping patients get what they require, during and after treatment.

You can help cancer patients get what they need by donating.

A contribution of Rs 1 lakh will buy:

40 Infection Control Kits
@ Rs 2500 each

OR

25 Healthy Cooking Kits
@ Rs 4000 each

OR

20 Wheelchairs
@ Rs 5000 each



Contains products to reduce possibility of infections during treatment.

Each kit includes thermometer, hand sanitizer, liquid soap, mask, sanitary pads/adult diapers, vomiting bag, hand towels, bed sheets and detergent.



Helps caregivers cook fresh meals for patients, and provides supplies so patients can carry food to hospital.

Each kit includes lunch box, flask, juicer, pressure cooker and cookware.



For patients requiring mobility assistance.

**YOUR DONATION MATTERS.
PLEASE HELP TODAY.**

A close-up photograph of a woman with dark hair, a bindi, and a nose ring, wearing a blue and white patterned sari. She is smiling warmly. In the foreground, the back of a child's head with dark, curly hair is visible, looking down. The background is a plain, light-colored wall.

GUNVATI JAGAN NATH
KAPOOR FOUNDATION

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Photographs by Shanth Kumar