



GUNVATI JAGAN NATH
KAPOOR FOUNDATION

ANNUAL REPORT
2015 - 2016



Established in 2000, the Gunvati Jagan Nath Kapoor Foundation works in education, healthcare and social services.

We are working to improve health outcomes by providing guidance and support to cancer patients, offering health education and organizing prevention and early detection activities in the communities we serve.

TABLE OF CONTENTS

OVERVIEW	01
THE PATIENT GUIDANCE PROGRAM	02
EARLY DETECTION & CANCER PREVENTION PROGRAM	08
NOURISHMENT PROGRAM	10
FELLOWSHIP PROGRAM	12
SCHOLARSHIP PROGRAM	12
EDUCATION ENRICHMENT PROGRAM	12
FINANCIALS	14
SUPPORT US	16





OVERVIEW

A YEAR OF ACHIEVEMENTS

We continued to support programs in healthcare, education and social services, with a focus on women and children. These efforts were steered by our vision to strengthen opportunities and improve the overall quality of life of communities.

Enlightened by the learning and experience of previous years, the scale and scope of our programs grew significantly during the year in review. We were able to impact more lives and make a bigger difference, with care and compassion for all we serve underpinning our every effort.

Our efforts moved into higher gear in our key programs.

OUR MISSION

The Gunvati Jagan Nath Kapoor Foundation supports programs in education, healthcare and social services with the intent to improve and sustain the standard of living and quality of life of all people with a focus on women and children.

OUR KEY PROGRAMS



PATIENT GUIDANCE PROGRAM

Providing cancer patients with guidance to increase treatment compliance and survivorship



EARLY DETECTION & CANCER PREVENTION PROGRAM

Encouraging breast and cervical cancer prevention and early detection through cancer education and screening camps for women in underserved communities



NOURISHMENT PROGRAM

Providing pregnant mothers with nutritional education.



FELLOWSHIP PROGRAM

Offering Khalsa College, Mumbai, students with skill development and knowledge through a series of workshops



SCHOLARSHIP PROGRAM

Providing supplemental educational opportunities to tap into the latent potential of underserved children



EDUCATION ENRICHMENT PROGRAM

Providing supplemental educational opportunities to tap into the latent potential of underserved children

PATIENT GUIDANCE PROGRAM

Educating & empowering cancer patients

Cancer care continued to be our primary area of focus. We were able to make a greater impact through the Patient Guidance Program, aimed at educating and providing guidance to patients to make them self-reliant and able to complete their treatment.

The flagship program, launched at the Tata Memorial Hospital in Mumbai, is also being implemented at the Sri Guru Ram Das Institute of Medical Sciences & Research, Amritsar; BKL Walawalkar Hospital, Dervan; PGIMER, Chandigarh; and Homi Bhabha Cancer Hospital, Sangrur.

HOSPITALS WHERE PATIENT GUIDANCE PROGRAM IS IMPLEMENTED

HOSPITAL	NO. OF PATIENTS SERVED
Tata Memorial Centre, Mumbai	6778
SGRD, Amritsar	1761
Homi Bhabha Cancer Hospital, Sangrur	582
B.K.L Walawalkar, Dervan	456
PGIMER, Chandigarh	700
Total	10277

TREATMENT ASSISTANCE

Providing cancer patients with guidance to increase treatment compliance and survivorship



DIET EDUCATION

Creating awareness about diet and nutrition during treatment



CHEMO EDUCATION

Educating cancer patients about chemotherapy



NAVIGATION GUIDANCE

Enabling patients to navigate the hospital for tests, admission, treatment



BLOOD & PLATELET EDUCATION

Spreading awareness about blood and platelet donation



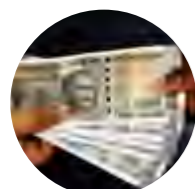
ACCOMMODATION GUIDANCE

Assisting out-of-town patients to find accommodation during treatment



FINANCIAL GUIDANCE

Helping patients in need get financial support through various government schemes and charitable organizations

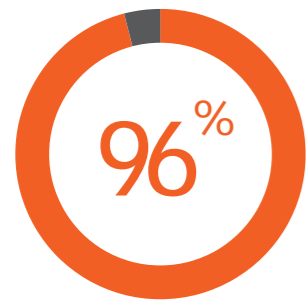


“ In the last year, we were able to reach **10,277** cancer patients and provide support for their treatment process by providing the above services. ”

HELPING PATIENTS SUSTAIN TREATMENT

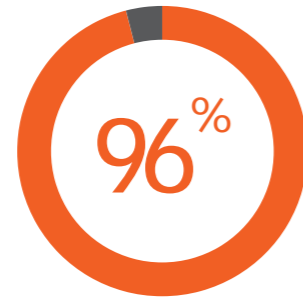
One of the key objectives of the Patient Guidance Program is to support patients so they can complete their treatment and to decrease abandonment rates.

UROLOGY MEDICAL ONCOLOGY UNIT, TATA MEMORIAL CENTRE



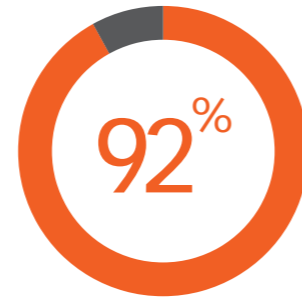
● Sustained Treatment (79)
● Abandoned Treatment (3)
Total No. of Patients (82)

ADULT HEMATO LYMPHOID MEDICAL ONCOLOGY UNIT

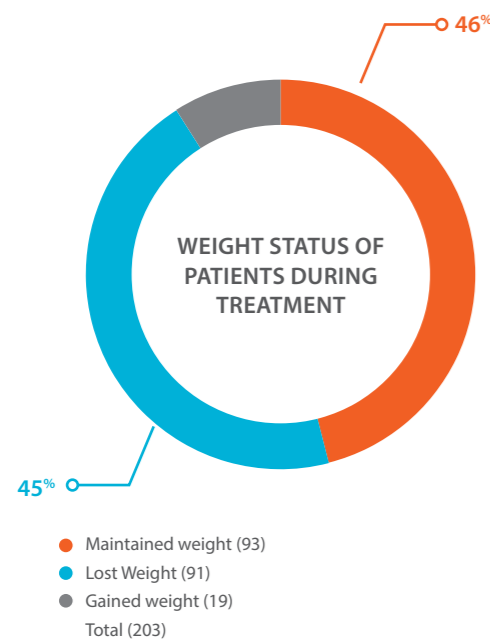


● Sustained Treatment (1555)
● Abandoned Treatment (58)
Total No. of Patients (1613)

GYNAECOLOGY MEDICAL ONCOLOGY UNIT



● Sustained Treatment (131)
● Abandoned Treatment (11)
Total No. of Patients (142)



● Maintained weight (93)
● Lost Weight (91)
● Gained weight (19)
Total (203)

In the Head and Neck Medical Oncology Unit our efforts are aimed at motivating patients to follow the prescribed diet plan and maintain their weight during treatment. Because the site of this particular cancer makes it difficult to eat, these patients have a higher risk for malnutrition.

Weight loss is common in these patients. In response, we have started distributing **Low Cost Enteral Formula (LCEF)** powder which helps patients gain and maintain weight during treatment.



Cancer can have a devastating impact on patients and caregivers. The Patient Guidance Program is our committed effort to reduce their suffering.



TESTIMONIAL

A BOY WHO COULD DREAM AGAIN

Ten-year-old Rohan's fever simply would not go away. He underwent blood tests and was referred to Tata Memorial Hospital, where he was diagnosed with Acute Lymphoblastic Leukemia.

Even as the lives of little Rohan and his parents seemed to come apart, they had to worry about the cost of treatment. His mother was a domestic servant and his father worked as a security guard. "We had no idea how to fight this expensive disease," says Rohan's father. Social workers from the Gunvati Jagan Nath Kapoor Foundation stepped in and guided Rohan's parents through all the processes and documentation required for seeking financial assistance, all the while providing crucial emotional support as well.

With the paperwork completed, Rohan's case was placed in the Nominal Chargeable category (under which cost of treatment is heavily subsidized) and he received an adoption fund of Rs. 1.5 lakh. "I thank the social workers who guided and provided us with information and support from day one. With this help, I can now carry on my chemotherapy and radiation therapy," Rohan says, smiling with hope. He is one of the thousands of children in India who fight cancer every day.

Assured of receiving the much-needed treatment, Rohan now dreams of joining the Indian Navy when he grows up.

“ I thank the social workers who guided and provided us with information and support from day one. With this help, I can now carry on my chemotherapy and radiation therapy. ”

EARLY DETECTION PROGRAM

Prevention & Early Detection

We conducted a total of 16 cancer detection camps in association with the Indian Cancer Society during the year. The mobile Cancer Detection Bus served to conduct mammograms, ENT tests and Pap Smear tests, and we were able to screen 486 women in all. Of these, 21 were referred for further investigations and two were diagnosed with cancer, one for breast cancer and the other for cervical cancer; both are being treated in private hospitals.

Aai Pratisthan, the growing organisation working for women and their economic development

All India Women Conference, focusing on the progress and welfare of women and children

Children of the World, working to enable families and communities to facilitate healthy development of their children

Nimaya Foundation, the seed fund aimed at making women financially independent while creating a greater sense of self worth.

Virji Madanji Bhagirathi Trust, working for better health and education in the Ghatkopar area.

Sahyog Charitable Trust, creating accessible learning spaces and opportunities for women and children

Our research has also shown that awareness is frequently lacking in these populations.

Our response has been to educate women on self-breast examination and create awareness about cancer and the ways in which cancer risk can be contained. We conducted 24 Cancer Awareness Talks this year and reached out to 1277 women. We partnered with the following NGOs to reach women across Mumbai.

Sant Nirankari Charitable Foundation, working with global partners to address extreme poverty and poor health in India

Sparsha Charitable Trust, providing basic primary education, medical check-ups, nutritious meals and clean drinking water to underprivileged children

Swadhaar Finaccess, aiming for inclusion through financial education, predominantly through women.

Women India Trust, enabling women to gain access to education, vocational skills training and employment.

The Integrated Child Development Services Programme, a Central Government-sponsored scheme providing integrated services for the progress of children in rural, tribal and slum areas

According to the National Cancer Control Program, nearly 70% of cancer patients in India are diagnosed when they are in stage III, when treatments lose their effectiveness.

We continued our efforts to reduce that number, enabling early detection and thereby increasing the possibility of effective treatment.



NOURISHMENT PROGRAM

Better health for women & children

An extension of our work in healthcare has been to improve the health of pregnant women. Through these efforts, we are also working to bring down iron deficiency and sub-clinical Vitamin A deficiency which is rampant in pre-school children. We've been convinced that a lack of information and awareness is a major hurdle in achieving women's health.

The Nourishment Program we conduct in collaboration with the Central Government's Integrated Child Development Services project provides pregnant and lactating mothers with nourishment education, so they are equipped for pre-and post-natal care.



“By the time I was 25 I had three children. It was only after attending the Nourishment Program that I realized how important nutrition is for me, as a mother, and for my children.”

Monika More, Mother

This year, the Nourishment Program focused on the Dharavi and Chembur areas and reached 75 women.

Their feedback at the end of every talk has been unanimous: it has given them valuable insights into bettering their health and that of their families.



EDUCATION: AN ENABLER LIKE NO OTHER

Besides healthcare, bettering living standards and the quality of life through education is a key goal for us. This year, as in previous ones, our interventions in education began at the school level and extended to college students and those preparing to step into the professional world.



Sparsha Charitable Trust, providing access to healthcare & education for the disadvantaged

Umang Charitable Trust, focusing on children with autistic disorder and slow learners

Aseema Charitable Trust, on a mission to give every child the right to education

SCHOLARSHIP PROGRAM: BUILDING SOCIAL SENSIBILITY

Equipping students with hands-on learning

This is a unique scholarship program and has been conceptualized to build and nurture social sensibility in students of the Institute of Chemical Technology, Mumbai.

The students volunteer 80 hours of their time (alongside their academics) for community service by working with NGOs selected by the foundation. This year 40 students were chosen and they worked with the following NGOs.

Ramakrishna Sarada Samiti, serving marginalized urban populations

Pragati Organization, working to support tribal communities and vulnerable members of society



FELLOWSHIP PROGRAM: INSPIRING YOUTH TO BE LEADERS

More young change-makers to the fore

The Fellowship program for college students focuses on empowering them with knowledge and skills of community-based participatory action and research to become change-makers in their respective communities. This year, the program conducted in partnership with Khalsa College and PUKAR, Mumbai, saw 41 enthusiastic students participating.

EDUCATION ENRICHMENT PROGRAM: INSPIRED LEARNING FOR CHILDREN

Underserved children benefit from theme-based learning sessions

Through this program we have been able to impact 464 children in underserved communities where education is, sadly, far from ideal. We have worked to close the gap, laying emphasis on improving the self-esteem and confidence of children by encouraging their curiosity, creativity and learning through theme-based activities. These theme-based learning sessions are put together by our dedicated team and the children enjoy them thoroughly as they explore creativity, problem-solving, lateral thinking, all in an utterly fun atmosphere. These learning sessions are offered during special camps and through regular interventions. Besides these, we also run a reading circle at Ganesh Vidya Mandir, a Municipal Corporation school in Dharavi; 150 students are part of the circle.

CHILDREN'S CAMPS

PARTNER INSTITUTIONS	NO. OF CHILDREN
Swami Vivekanand Medical Mission Memorial, Amritsar	26
Committed Communities Development Trust	23
Children of the World	110
Sahyog	15
Sparsha Charitable Trust	50

REGULAR LEARNING SESSIONS

PARTNER INSTITUTIONS	NO. OF CHILDREN
Ramakrishna Sarada Samiti	22
Children of the World	60

FINANCIALS

ABRIDGED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2016

PARTICULARS	VALUE RUPEES, IN LAKHS (AS ON 31ST MARCH 2016)
INCOME	
By Interest	
On Fixed Deposits and Saving Bank Account	3.58
By Donations in Cash or Kind	361.60
TOTAL	365.18
EXPENDITURE	
To Establishment Expenses	52.48
To Auditor Remuneration	1.42
To Depreciation	13.34
To Expenditure on Objects of the Trust	
(a) Educational	40.79
(b) Medical Relief	11.71
(c) Other Charitable Objects	26.90
To Surplus	118.54
TOTAL APPLICATION OF FUNDS	365.18

ABRIDGED BALANCE SHEET AS ON 31ST MARCH 2016

PARTICULARS	VALUE RUPEES, IN LAKHS (AS ON 31ST MARCH 2016)
SOURCES OF FUNDS	
Corpus Funds	
Corpus Fund of the Trust	0.27
Other Earmarked Funds	
General Reserve fund	21.65
Liabilities	
For expenses	3.30
Surplus	210.85
TOTAL SOURCES OF FUNDS	236.06
APPLICATION OF FUNDS	
Fixed Assets	94.75
Investments	-
Fixed Deposits in Bank	101.00
Current Assets	
Loan & Advances	2.07
Receivable	0.33
Cash and Bank Balances	37.92
TOTAL APPLICATION OF FUNDS	236.06

SUPPORT US

SUPPORT US

It has been a year of achievements. With your support we can continue to make a big difference. There are many ways in which you can support our mission.



You can volunteer time and effort



You can be a platelet donor



Your organization can offer internships for cancer survivors



You can fund our various programs.

OPPORTUNITIES FOR FUNDING*

Rs 2,500

Ration/Nutrition per patient per month

Rs 9,000

Low-cost accommodation per patient per month

Rs 6,000

Cancer Awareness Talk for 30 women

Rs 10,000

Diagnostic support such as CT Scan and MRI per patient

OR

Learning through fun session – educational materials and snacks for children

Rs 45,000

Complete health check-up for 30 women, including CBC, ENT, Pap smear, breast examination by the doctor and chest X-ray

**All donations made are eligible for tax exemption under Section 80G of the Income Tax Act, 1961. All prices in Rupees. Cheques supporting our work should be drawn in favour of Gunvati J Kapoor Medical Relief Charitable Foundation.*





**GUNVATI JAGAN NATH
KAPOOR FOUNDATION**

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